PRIDE&JOY

Written by students, for students







We had a busy and competitive Children's Day this term with donating, debating, sport competing, throwing eggs, sack-racing, wheelbarrow racing, buying gifts and eating traditional Myanmar Snacks. Find out more inside!

THE LATEST



Read more about Children's Day on p.3-5



Read all about the Irrawaddy

Dolphins on p.8



Find out about Pride's first interschool football competition on p.10

THE NEWS TEAM **OCTOBER 2017**











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Daniel

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Another busy month at Pride ISM. We've been very competitive this month with competitions in and out of school. We hope you enjoy reading about them. We will take a break for holidays, so see you in 2018!

From Tr. Lori & the News Team.

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SCHOOL EVENTS NOVEMBER 2017



United Nations Universal Children's Day was established in 1954 and is celebrated on November 20th each year to promote international togetherness, awareness among children worldwide, and improving children's welfare.

At Pride I.S.M, we celebrated on Friday 17th November. We had competitions such as debate, badminton and table tennis. We also donated to the orphanage. We even sold food like Myanmar traditional food, sodas, art and craft gifts and makeup for children to make cute faces. We also played fun house games like sack races. That was fun!

My favorite competition was the debate because we can play in groups. Pegasus and Phoenix competed, and it was interesting. Griffin and Anzu also competed. Phoenix won against Pegasus in the final. Griffin and Anzu were joint third. But I really think that people enjoyed the Griffins vs Pegasus as I heard a lot of people cheering for both teams. The winner of the whole day was Phoenix.

It was a really great day which I want to celebrate again, and I hope the upcoming Christmas ceremony will be great too! I hope you enjoy the following pictures. Thanks for reading this article!:)

By Rachel.





SCHOOL EVENTS NOVEMBER 2017

Chidren's Day Events



Throwing the Ball



Baby Sack Race Competition



Secondary Badminton Competition



Sack Race Competition

Competition Table Tennis



Debate Competition Secondary

Scores - Anzu 50, Griffin 50, Pegasus 50, Phoenix 60. By Julie

CHILDREN'S DAY NOVEMBER 2017



INTERVIEWS NOVEMBER 2017

An Interview with Hazel,

the Leader of the Phoenix Debate Team.



How did you feel when you won the prize?

Well, achieving something is always nice.

Do you think that the topics were difficult?

I don't think they were that difficult, but for the other team it was.

How long does it take to prepare for the competition?

It took about 3 hours to prepare for the competition against Anzu.

Which team do you think should have won third prize? Anzu or Griffin?

I think Griffin should have won third prize.

As a team leader, do you think your team mates were good?

Yes, they were helpful and supportive but also lazy. However, they listened to what I said.

Would you like to compete in the next competition?

Yes, as it is my last year in the school, I would love to coach my younger friends.

Interview by Berry





INTERVIEW NOVEMBER 2017

Sally interviews Peter, the winner of the Badminton Competition.

How many people have you competed against?

Only two or three people.

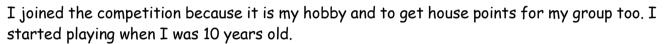
How did you feel when you won the prize?

I felt excited and happy. This was the first time I have won.

How did you win?

I won by smashing.

Why did you want to join the Badminton Competition? How long have you played?



Who was your coach?

I don't have a coach I just play by myself. I practice whenever I have free time

Are you confident enough to play against another school?

Maybe, if I get the chance.

What makes you like or interested in badminton?

Since I was young I usually watched shows about badminton on sports channels.

An Interview with Dylan, winner of the Table Tennis Competition.



How many people have you competed against?
Only two people.

How did you feel when you won the prize?

I felt nervous but happy.

How did you win?

I played normally, but I think that I was just lucky in that game.

How long have you been playing and what made you compete this time?

I have been playing since I was 11 and I was the only volunteer for Phoenix!

How often do you practice?

About twice a week.

Are you confident enough the play against another school?

Not yet!

Interviews by Sally

CREATIVE CORNER NOVEMBER 2017

The Quest to Save the Irrawaddy Dolphins!

Have you heard of the Myanmar star turtles? Well, the Irrawaddy dolphins are also as popular and are one of the hot topics in the marine world. Even though the dolphins are found in Thailand, The Philippines, Indonesia, Bangladesh and India they are called 'Irrawaddy Dolphins' because they were first discovered in Myanmar, in 800 AD but later named in 1879 by a British Naturalist.



If you heard the term 'dolphin', you would

immediately think of the long beak, wouldn't you? But no, the surprising thing about this dolphin is that it has no beak at all. The Irrawaddy dolphin has a total length of 200-250cm and has a dorsal fin with a rounded tip behind the middle of its back. Its forehead is blunt has a distinct neck crease and its colour is grey all over. Its tail is long, broad and very flexible. The dolphins can be seen in small groups up to 14 individuals and their life span is estimated from 30 to 50 years. They use echolocation like every other dolphin, but they are the only species to spit water from their mouths.

There are only around 80 dolphins left in the Irrawaddy river from Mingu to Kyauk Myaung and they are on the road to extinction as they get caught in fishing nets and die or get electrocuted because of electric fishing that most modern fishermen use.

The Wildlife Conservation Society (WCS) started cooperating with the Department of Fisheries in Myanmar to protect these critically endangered dolphins, since 2005. They patrol along the Irrawaddy every two months conducting educational outreach activities, researching on dolphin behaviour, enforcing the prohibition on illegal fishing techniques and monitoring the status of the dolphins and threats to their conservation.

The dolphins are one of the main attractions for tourists and this is good as not only can tourism help preserve cultural identity it can also help the local communities increase their income. The dolphins are in urgent need of conservation as they are being slowly killed and their habitat is also being destroyed by humans. So, why don't we help them instead of turning our back to these fascinating creatures?

Hazel tells us about the Irrawaddy dolphins after a Year 11 trip to see them.





DEBATE NOVEMBER 2017

'Everyone should play sports.'

Flora is For.

"I think kids should play sports for many reasons. For example, FUN, academic progress, and a break from electronics. The first reason is sports can improve a child's academic and health development. Secondly, the discipline that students must show in athletics lead to achievements in other aspects of their lives. Also exercising speeds up the development of the brain. Sports also help prevent drug and alcohol abuse, even if the person smokes he or she is likely to quit.

The next reason is the benefits of playing sports. Active students have less stress which makes them do better on tests. Most athletes started playing sports when they were young and grew up to be rich and famous. Exercising also controls your weight which decreases the chance of diseases such as cancer and diabetes.

Young people especially, should take a break from electronics. Most kids are addicted to video games, TV, smart phones and computers which can ruin your eyes because you stare at the screen too long. Electronics also ruin education because you cannot study subjects at school and play video games at the same time! Sports are better than video games because sports are competitive, entertaining, and are a skillful playing activity requiring commitment, strategy, and fair play.



In conclusion, I believe that everyone should play at least one sport, so they will be happy, healthy and live a longer life. If you do not play sports right now tell your parents, you WANT TO PLAY SPORTS."

Jasmine is Against

"Most people think that sport is a good thing, but in this debate, I want to tell you the disadvantages. Sport is dangerous. Not everyone should do it. The reasons are most elderly people cannot do exercise as their bones are not strong, while doing sports might cause an injury. This is especially true for young children too. We also should not do exercise after eating and in some schools the PE period is just after lunch break. People who have general weakness cannot do heavy exercise also.

In conclusion, I do not think everyone should do sports because it is not safe for everyone. Also, people should have a choice. If some people do not like sports, then they can exercise in different ways or do other activities. Everyone is different; therefore, you cannot say that everyone should enjoy or do the same things."

What do you think?

SPORTS NOVEMBER 2017

A Brave Debut for Pride!



On November 8th the Secondary ECA football team had our very first football match with another school, it was AIS. It was a great game and we were all nervous. On our team there was Jack, Clarence, Elvin, Reggie, Vince, Eric, Dave, Peter, Brian, Patrick, Chris, Sofiyan and Richard was our captain.

The score was 6-4 to AIS but we played a great game. Elvin scored a hat-trick and Dave scored the other goal. Even though we did not win, it was a great game and it was our first time playing against another school and playing as a team. We learnt a lot from this game and got a lot of experience. The Primary ECA football team drew against AIS 4-4. It was also their first game with another school and their first time playing on such a long pitch. I am excited to play again against another school.



Match Report by Jack

A message from the coach...

"Well done to both teams! They were two entertaining and well played games. We need to remember that the other team have been playing for a long time and were more prepared. The more we play the better we will become.

My Man of the Match for Primary was Eugene for his skillful passing and for Secondary, Elvin for his 3 goals!"



PROBLEM PAGE NOVEMBER 2017

Problem: My crush is not mine. She has a boyfriend now. What should I do? I have a girlfriend, but I only love my crush.

Advice: Appreciate what you have. Be happy with what you have. Enjoy your life! This does not sound fair to your girlfriend so perhaps you should be honest with her. Your crush has a boyfriend, so accept it. Life doesn't always give you what you want.



All our problems are anonymous and submitted via our problem box. The news team respond to the problems with some well thought out advice.

Problem: I am worried about my exams. How should I revise?

Advice: Firstly, you should ask your teachers for some help or extra work. Then, turn your revision notes into something creative like posters, memo card or quizzes. If you make your revision creative and fun you will remember more. Most importantly, don't get stressed. Ask your friends, teachers or parents to also help your revise.



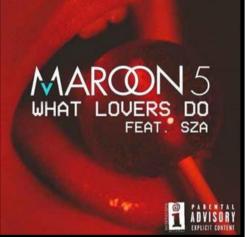
Remember you can still submit problems at any time into our problem box under the stairs.

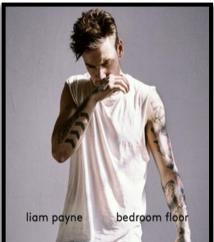
ENTERTAINMENT NOVEMBER 2017

















Daniel gives us his music recommendations for this month.

ENTERTAINMENT NOVEMBER 2017

RIDDLES

Cheryl's birthday is one of 10 possible dates.

May 15 May 16 May 19

June 17 June 18 July 14 July 16

August 14 August 15 August 17

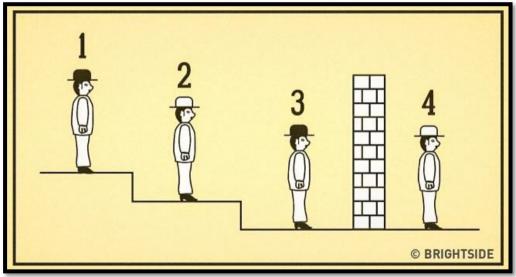
Cheryl tells the month to Albert and the day to Bernard.

Albert says, "I don't know the birthday, but I know Bernard doesn't know either."

Bernard then says, "I didn't know at first, but now I do know."

Albert then says, "Now I also know Cheryl's birthday."

When is Cheryl's birthday?



The criminals are wearing hats. They are told that there are two white hats and two black hats. The men initially don't know what colour hat they are wearing. They are told to shout out the colour of the hat that they are wearing as soon as they know for certain what colour it is.

- They are not allowed to turn round or move.
- They are not allowed to talk to each other.
- They are not allowed to take their hats off.

Who is the first person to shout out and why?



Thanks for reading!

We welcome all newcomers to Newsletter Club. If you are creative or enjoy writing or photography, please join us.

Or even if you do not join but want to share something in the newsletter or have some ideas, come speak to us.